

JOLIET CATHOLIC “COUNTER PLAY”

**DAN SHARP
HEAD FOOTBALL COACH
JOLIET CATHOLIC ACADEMY**

- I. Basic Scheme**
 - A. Tackle Trap first down man past center**
 - B. Fullback fill for trapping tackle**
 - C. Play side tackle must get to ILB**

- II. Use of Formations to Set Up Counter**
 - A. Double Wing**
 - 1. Stretches the defensive front**
 - 2. May free up our tackles (DE Alignment)**
 - B. Trips**
 - 1. Passing formation-may change from 8 to 7 man defensive front**
 - 2. Rotate secondary**
 - C. Wing T**
 - 1. Force defenses to adjust to strength**
 - 2. Odd fronts may stem to an even look**

- III. Use of Motion to Set Up Counter**
 - A. Get defensive fronts to slant or slide to strength**
 - B. Get LBs out of position**

- IV. Use of Schemes from our Best Plays to Set Up Counter**
 - A. Power Play**
 - 1. FB lead sets up FB fill**
 - 2. Use motion to sell the power**
 - B. FB Dive or Belly Play**
 - 1. Motion along with FBs angle on dive/belly, same as FB angle to fill for tackle trap**
 - C. Direct Fade Pass Protection**
 - 1. FBs angle consistent with fill for tackle trap**
 - 2. Counter can be used as a draw play in passing situation**
 - D. Cross Buck Action**
 - 1. Double Hand-off**
 - a. LBs react to cross buck**
 - 2. Take Away “Cross Key”**
 - a. QB Bootleg Action**