

ST. JOSEPH - OGDEN FOOTBALL

Dick Duval - Head Football Coach





INTRODUCTION

PERSONAL BACKGROUND

- Herscher High School graduate
- BS from Illinois State
- Herscher High School - Assistant Coach
 - 3 years
- Kankakee High School - Assistant Coach
 - 7 years
- Olivet Nazarene University - Defensive Back Coach
 - 1 year
- St. Joseph-Ogden High School - Head Coach
 - 1988 to Present (26 years)
 - Record: 229-72





REGULAR SEASON



**DEVELOP DEPTH
 SKILL POSITIONS- DELICATE
 LINEMAN – DEVELOP AS MUCH
 FLEXIBILITY AS POSSIBLE
 PERSONNEL PACKAGES
 - RECEIVERS.....RUN / PASS
 - DEFENSE.....PASS RUSHERS
 & RUN DEFENDERS**



SPECIAL TEAMS



- **OUR PHILOSOPHY W/PERSONNEL**
- **IMPORTANCE OF IT**
- **STRATEGY WITH CONNECTION TO OFFENSE AND DEFENSE**



THE MOST IMPORTANT THING WE TRY TO ACCOMPLISH DURING THE REGULAR SEASON IS FIND OUT WHO WE CAN COUNT ON DURING CRUCIAL SITUATIONS



MAKE SURE THOSE PLAYERS ARE ON THE FIELD WHEN THE SITUATIONS COME UP



REGULAR SEASON



- WIN #5
- ADAPTION IF WIN #5 DOESN'T COME TO WEEK 8 OR 9
 - BACK AGAINST THE WALL MENTALITY
 - CLAW AND SCRATCH FOR THE WIN
 - EVERY GAME FROM HERE ON OUT IS IN FACT A PLAYOFF GAME



EARLY WIN # 5

- EXPLAIN THE PLAYOFF CONCEPTS
 - NOT GUARANTEED SPOT WITH 5 WINS
 - PLAYOFF POINTS
 - NOT SATISFIED WITH JUST 5 WINS

WIN # 6

- WE MAKE A POINT TO CONGRATULATE THE TEAM
- TALK ABOUT FULFILLING THE "OBLIGATION" OF THE PROGRAM
- IF IT COMES BEFORE WEEK 9, EXPLAIN PLAYOFF SEEDING

AFTER GAME # 9 IS OVER

- NORTH / SOUTH MINDSET
- EXPLAIN THE HOSTING POSSIBILITY





PLAYOFF PAIRING NIGHT



1. PLAYOFF GET TOGETHER WITH YOUR TEAM ?
2. FIGURE OUT OPPONENT AHEAD OF TIME ?
 - a. STAFF GENIUS
 - b. 1989 SUPERINTENDENT
3. HAVE A COMPUTER PRESENT TO CHECK SCHEDULES ?
4. WHAT GAME TAPES DO YOU WANT ?
 - a. SIMILAR OFFENSIVE SETS
 - b. LATE SEASON GAME
 - c. DEFENSIVE SIMILARITIES
5. SETTING THE GAME TIME.....FRIDAY OR SATURDAY ?
 - a. EARLY IN THE POST SEASON
 - b. LATER ON IN POST SEASON



POST SEASON WEEK 1 PLAYOFFS



- KEEP EVERYTHING VIRTUALLY THE SAME AS REG. SEASON
- FUNDAMENTALS
- LEARNED TO CUT BACK ON SOME PHYSICAL CONTACT- (BLAIZE CUMBOW)
- ADD SOMETHING NEW EACH WEEK (PLAY OR FORMATION)
- SPECIAL TEAMS EMPHASIS



WEEK 1 PLAYOFFS



- ROAD OR HOME....FRIDAY /SATURDAY
- LONG ROAD TRIP
- ADJUST SCHEDULE TO SATURDAY
- KEEP BASICALLY THE SAME AS REGULAR SEASON
- **MONDAY** –WATCH FILM – GO OUT AND RUN
- HOMEWORK, REST, HEALTH
- COACHES MEET AFTER FILMS
– DEFENSIVE IDEAS, OFFENSIVE IDEAS



WEEK 1 PREP. SCHEDULE



- **TUESDAY** (FRIDAY GAME) INSTALLATION OF GAME PLANS – WORK DAY
(SATURDAY GAME)- WALK THROUGH , FORMATION RECOGNITION, FAVORITE RUN PLAYS, PASS PLAYS
- **WEDNESDAY** (FRIDAY GAME) 2ND WORK DAY;
(SATURDAY GAME)- 1ST WORK DAY
- **THURSDAY** – (FRIDAY GAME) PREGAME PRACTICE
(SATURDAY GAME)- 2ND WORK DAY
- **FRIDAY**- GAME DAY OR PREGAME(SATURDAY GAME)



WEEK 1 PLAYOFFS



1 ST SCRIB	START TIME	FINISH TIME	ACTIVITY
	2:20	2:25	PRE PRACTICE
	2:25	2:30	STRETCHING
	2:30	2:45	SPECIAL TEAM REVIEW
			1. KICKOFF
			2. KICKOFF RETURN
			3. PUNT
			4. PUNT RETURN
			5. TAP
			6. SPECIAL ONES
			7. HANDS FRAMES
	2:45	3:00	DEFENSIVE REVIEW
			1. FORMATION RECOGNITION
			2. DOWNLINE
			3. PERSONNEL SUBSTITUTIONS
	3:00	3:15	OFFENSIVE REVIEW
			1. NO BACKS
			2. PUNTS OFFENSE
			3. FLORIDA
			4. SNEET
			ANNOUNCEMENTS
			1. REPORT TIME 3:45
			2. PACK BUS AND TRUCK
			3. DRESS BOTTOM HALVES HERE
			4. SPICE CONTAINER
			5. MUST BE DISCIPLINE - PLAY WITH EFFORT
			6. NEW SEASON - 1 GAME SEASON



WEEK 2 PLAYOFFS



- ROAD OR HOME.....LONG TRIP ?....SATURDAY GAME
- ADJUST SCHEDULE TO SATURDAY GAME SCHEDULE
- MONDAY- WATCH FILM AND RELEASE KIDS....EMPHASIZE THE HEALTH ISSUE.....SCHOOL RESPONSIBILITY....REST.....COACHES MEET AFTER RUNNING TO GO OVER DEFENSIVE AND OFFENSIVE GAME PLANS
- TUESDAY- HAVE A SPECIAL TEAM SEGMENT..... WALK THROUGHS- INTRODUCE GAME PLAN.....SHOW OPPONENTS' OFF. SETS TO DEF.SHOW MAIN PLAYS...THEN SHOW OFF THE BASE DEF. FRONTS.....TALK ABOUT TWEAKS IN BLOCKING ASSIGNMENTS.....DISCUSS PERSONNEL FROM THE OPPONENTS THAT WE MUST ACCOUNT FOR



WEEK 2 PLAYOFFS (CONT.)



- **WEDNESDAY**- WORK DAY....SPECIAL TEAMS ALL COVERED EACH DAY FROM HERE ON....DEFENSE - IND. BREAKDOWNS WILL BE REDUCED TO ½ REG. SEASON....COMBO PERIOD WILL BE ADJUSTED TO OFF. STYLE OF OPPONENT....TEAM DEFENSE – QUICK WHISTLE---DOUBLE WHISTLEOFFENSE- IND. BREAKDOWNS WILL BE ½ REG.SEASONCONCENTRATE ON BALL HANDLING FUNDAMENTALS WITH BACKS & RECEIVERS (SCRAMBLE ROUTES), LINE WITH BAGS- MORE BLOCKING ASSIGNMENTS WORK.....TEAM OFFENSE – QUICKER PACE, MORE NO HUDDLE WORK.....RED ZONE WORK



WEEK 2 PLAYOFFS (CONT.)



- **THURSDAY**- WORK DAY #2, CLEAN UP FROM WEDNESDAY...WORK ON SUBSTITUTIONS
- **FRIDAY**- PREGAME PRACTICE.....AGENDA FOR TOMORROW, PACKING FOR ROAD TRIP, PLAYING AT HOME
- **SATURDAY**- BREAKFAST (HOME OR AWAY)GETS THEM MOVING.....AGENDA PLANS THE REST OF THE DAY FOR THEM....TRY TO DO THE SAME THINGS ALL THE TIME...BUS TRIP- BUSINESS TRIP-MOVIE OR HIGHLIGHT TAPE.....SCOUTING REPORT



WEEK 3 PLAYOFFS



- QUARTERFINALS- HOME OR AWAY....IF AWAY, YOU TAKE CARE OF DETAILS
- DAYLIGHT IS GETTING LESS AND LESS
- MORE INJURIES –DIFFERENT FROM REG. SEASON
- CUT INDIVIDUAL TIME OUT COMPLETELY- COMBO PERIODS AND TEAM PERIOD
- BAD WEATHER- DRESS FOR COLD- NOT A FASHION STATEMENT- NOT PROVING TOUGHNESS- RAIN (MAYBE GO INSIDE)
- MAKE SURE THAT YOU HAVE SOME IDEAS TO DO IF THINGS DON'T REALLY GO AS PLANNED(YOU & STAFF)
- IN YOUR MIND, SOMEWHAT PLAN FOR NEXT WEEK....YOU AND YOU ALONE
- KEEP THE PLAYERS FOCUS ON THE PRESENT...AT HOME, THEIR LAST GAME ON THAT FIELD



WEEK 4 PLAYOFFS



- SEMIFINALS- HOME OR AWAY.....5 TIMES – 3 HOME , 2 AWAY....AWAY, WILL NO DOUBT BE A LONG BUS RIDE
- **MONDAY**- FILMS- RELEASE PLAYERS TO REST- GAME PLAN- DEFENSE- **STOP THE RUN**, OFFENSE DON'T GO CRAZY ADDING STUFF
- **TUESDAY**- GO OUT-WALK THROUGH – RUN TO GET ACRID OUT OF MUSCLES
- **WED. / THURS.**- WORK DAYS- 1 ½ HRS TOTAL OF DAYLIGHTDON'T TURN ON THE LIGHTS....MORE IS NOT BEST....KIDS HAVE BEEN 12 WEEKS OF GAMES...SORENESS AND INJURIES...DEPTH A FACTOR FOR SCHOOLS OUR SIZE.... **ALL HANDS ON DECK !!! GAME 7 WORLD SERIES**
- **FRIDAY**- PREGAME PRACTICE
- **SATURDAY**- BREAKFAST..PLAY FOR TODAY, NOT TOMORROW
- **PLAN NEXT WEEK IN YOUR MIND NOBODY ELSE'S**
- **GAME OVER- GET PLAYERS TOGETHER AND TELL THEM THE SCHEDULE FOR NEXT WEEK**
- **IF YOU ARE AWAY, START THE PREPARATION FOR NEXT WEEK ON THE BUS!!!**



WEEK 5 PLAYOFFS



- **CHAMPIONSHIP WEEK**
- **MEDIA MADNESS-** BUDGET YOUR TIME...SOMETIMES YOU HAVE TO SAY NO...THINK OF THE PLAYERS...THIS YEAR'S PHONE CONFERENCE
- **USE YOUR ASSISTANTS-** DELEGATE
- **DO I GET A SUB FOR THE WEEK ??**
 - a. HIRED AS A TEACHER
 - b. ACC. GEOM.
 - c. TALK OF FOOTBALL IN CLASS?
 - d. SET AN EXAMPLE FOR PLAYERS – STUDENTS
 - e. RESPECT FROM COLLEGUES



WEEK 5 PLAYOFFS



- **MONDAY-** FILM , DO NOT GO OUT.....VERY SORE PLAYERSSTAFF MEETS AFTER FILM
- **TUESDAY / WEDNESDAY-** WORK DAY...VIRTUALLY NO CONTACT- TRIPLE OPTION IN 2013
- **THURSDAY- THANKSGIVING-** WE MAKE A BIG THING ...MANY COMMUNITY MEMBERS WILL COME OUT TO WATCH...WE TRY TO PRACTICE AT TIME OF GAMEUNDER THE LIGHTS...FOCUSED , BUT LIGHT – SPIRITED....GIVE PLAYERS AGENDA FOR TOMORROW....DREAM BIG
- **GAME DAY-** BREAKFAST- EXPLAIN THE PROCEDURE- (GET HELP)- USING PRACTICE FACILITY- PREGAME INTROS(HOW TO ACT)- TV TIMEOUTS- HIGHS AND LOWS- AFTER THE GAME- CLOSURE WITH YOUR TEAM- POST GAME INTERVIEWS



FINAL THOUGHTS



- TALK TO THOSE WHO HAVE BEEN THERE
- STAY TRUE TO YOURSELF AND YOUR BELIEFS
- DON'T TAKE ON ALL THE BURDENS USE YOUR ASSISTANTS
- DON'T PANIC , BUT BE WILLING TO MAKE ADAPTATIONS.... THIS YEAR'S GAME
- FOCUS ON WHAT IS RIGHT IN FRONT OF YOU ... CAN'T LOOK TOO FAR AHEAD
- ONE WEEK SEASONS
- DEVELOP TRADITIONS THAT WILL MAKE YOUR PROGRAM UNIQUE



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