

Outline for U of I Clinic Talk (4-12-14)

Coach Gabe Cesaretti – Nokomis H.S.

Nokomis Football Family Philosophy

MEANING OF NOKOMIS FOOTBALL FAMILY.....

1. COACHING FAMILY
 - It all starts at home
 - Support of wife, children and other family
 - Coaches families have formed lifelong friendships
 - Doing things together
 - Plan ahead to help family schedules
 - Supporting each other
 - Coach Easterday

2. PLAYERS FAMILY
 - Not all kids blessed with strong family support
 - Again, plan ahead to help family schedules
 - Respect mom & dad
 - Involve family as much as possible
 - Let parents know you care
 - Older brothers
 - Friends & classmates boys who now play for us

3. TEAM FAMILY
 - Spend as much time as possible together
 - Players want to “hang out” with coaches
 - Have concern for the player’s future
 - Teach them concern for each other
 - Older brothers & older friends

-Involve JFL & get involved

4. SCHOOL FAMILY

- Coaches former Nokomis players
- Support other sports & activities
- Involve the cheerleaders
- Participate in school events (Homecoming)

5. COMMUNITY FAMILY

- Called on to help
- Helping with community events
- Encourage players & coaches to volunteer in community
- Use social media to let others know when players do good things