

Tri-Valley Viking Football 2013

Developing Leadership Through Your Program

***Presenter Josh Roop
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Where Credit is Due

- ▣ Resources(Books and Speakers)
 - “A Season Of Life” Joe Ehrman
 - “Inside Out Coaching” Joe Ehrman
 - “ Lead For Gods Sake” Todd Gongwer
 - “Training Camp”
 - “3Dimensional Coaching Curriculum” Jeff Dukes

Where Credit is Due

- ▣ Assistant Under Great Coaches
 - Jim Zeleznik- LeRoy (Hall of Fame)
 - Hud Venerable-NCHS (Hall of Fame)
 - Darren Hess-NCWHS

Guys I have stolen from:

Bruce Kay-Cary Grove (Hall of Fame)

Brian Halsey-Charleston

Gary Tipsord-LeRoy

BJ Zeleznik- LeRoy

Where we have been

Cooperative with LeRoy from 1988-2001

At The time Most successful Coop in State.

State Champs 1996 and Runner-up 2001

2002 6-4 First Round Loss 1st year of Program

2003 3-6

2004 3-6

2005 5-4

2006 1-8

2007 4-5 (Staffs first year)

2008 6-4 First Round Loss

Leadership-It Starts with YOU!

Musts:

- Know what you are passionate about.
- Know why you do what you do and be able to defend it to: Yourself, Your Wife, Your Athletes, Administration, and Last but not least your parents.
- Know How you Measure Success!
- Be the best Coach for Your School (Know your Kids)
- Understand that you are one of the most influential people in your players lives and that if all you are doing is worrying about how many football games you are going to win then you are wasting that influence!

Why We Do What We Do!

Mission of the Staff: Instill Character Traits in our athletes that will not only make them successful in football but also in life as Husbands, Fathers, Sons, and Friends.

Viking Code

REAL MEN

- Accept responsibility
- Lead courageously
- Enact justice on behalf of others
- Live for a cause greater than yourself
- Love One Another

Real men are all about relationships.

From Joe Ehrmans' "Season of Life"

Viking Creed

Viking Creed: I am a Champion. I was born to be one. I am a Champion by design. All of my energy and focus must go towards being the Champion I was born to be. I must fulfill the plan for my life by being a Champion for others.

What Are We Looking For?

- We Are Looking for the following Characteristics:
- Vision- Every leader, young or old, must have a vision. A vision defines what success looks like.
- Communication- Every leader must be able to communicate the vision to the entire team and must do it effectively and persuasively so that all members will buy into it.
- People skills-Whether young or old, leaders must know how to motivate people, resolve conflicts, listen, acknowledge, affirm, praise, and build

What Are We Looking For?

- ❑ Character-Leaders need to build good character traits into their lives such as a strong work ethic, humility, honesty, integrity, personal responsibility, self-discipline, and respect for others.
- ❑ Competence-This comes from approaching every task with a commitment to excellence.
(Performance on the field)
- ❑ Boldness-Leaders must get out of there comfort zones and their tendency to play it safe.
- ❑ Servant hood-True leadership is not about being the boss. True leadership is putting the others

APPLICATION FOR CAPTAINSHIP OF

Stolen From Brian Halsey Charleston H.S.
TRI VALLEY FOOTBALL TEAM

Step 1: Letter of interest turned in to Coach Roop by *January 31st*. The letter must include why you want to be a Captain and why you feel that you are a good Candidate to be a Captain for the upcoming Season.

APPLICATION FOR CAPTAINSHIP OF

Step 2: Resume turned into Coach Rop with the Letter of interest on January 31st.

TRI VALLEY FOOTBALL TEAM

Resume must include;

1. Job experience
2. Any leadership experience or training that you have had.
3. List of other sports, Clubs, or experiences that you feel qualify you as an effective leader.
4. List of references.

APPLICATION FOR CAPTAINSHIP OF TRI-VALLEY FOOTBALL TEAM

Step 3: Two Letters of recommendation to be turned in to Coach Roop with Letter of Interest, and Resume on January 31st. One letter can be from a family member or former employer. One letter must be from a Teacher or School Administrator that can vouch for your character and ability to lead effectively.

APPLICATION FOR CAPTAINSHIP OF

Step 4: Community Service: 12 hrs. Completed by
January 31st.

Step 5: Interview for the job. Qualified Candidates will be contacted to schedule interviews. Interview dates and times to be determined.

Failure to meet any of the above criteria by the assigned dates will eliminate you as a Candidate.

Interview process

Kids go through a Job interview before a panel that is made up of; myself, our principal, a teacher, an assistant coach, and carry over junior captain.

Questions;

1. Principal-Asks Questions about their leadership in the school and their understanding of leadership.
2. Teacher– Classroom behavior and performance
3. Captain- Team performance and gives insight on whether the applicant will be followed by the team
4. Myself- I am evaluating whether this applicant understands our program and can facilitate our philosophy and vision to the rest of the team

Captain Selection process

Selection:

Each interviewer lists top 3 or 4 Candidates rated in order of most qualified to least qualified.

Team Votes: Just to see where candidates fall in their opinions.

After:

Meet with every applicant at the end of process one on one to discuss why they were or weren't selected

First Captains Meeting

After captains are selected we have our first meeting

Discuss Viking Special Forces Program

- Go over Point system
- Get their feedback on changes needed to program
- Draft Special forces teams
- Discuss their expectations for the upcoming Season.

Viking Special Forces

Classroom

- ▣ 2 points for every A on Semester grades at end of Semester
- ▣ -10 for every F on semester grades at Semester end.
- ▣ -1 point for Every D and -3 for every F an athlete has during weekly grade checks
- ▣ -5 for any discipline report that Coach Roop becomes aware of.
- ▣ 5 points for every squad member on high honors.
- ▣ 3 points for every squad member on honors.
- ▣ 3 points for Student of the month nomination
- ▣ 10 points for student of the month.
- ▣ 2 points for every positive e-mail a teacher sends me about squad member's performance or behavior

Viking Special Forces

- ▣ Community
- ▣ 5 bonus points for every hour entire squad is present in a community service activity.
- ▣ 2 points for every hour a single squad member is involved in community service.
- ▣ Captain must get community service ok'd through Coach Roop ahead of time.
- ▣ 5 points for Shift mentors
- ▣ 5 points for going out for a spring sport
- ▣ -10 points if squad member quits spring sport.

Community Service

How It Works-Captains make contacts and organize.

- ▣ Our Kids Did Over 500 hours of Community Service Last year.
 - Moved People
 - Cleaned Park
 - Painted
 - Worked as FCA Counselors
 - Helped at Park on 4th of July
 - Missions Trips
 - Scooped snow out of Driveways
 - Cleaned Gutters and raked Leaves

Viking Special Forces

- ▣ Family (Team Building Activities)
- ▣ 1 point for every squad member present at team building events
- ▣ 5 points if entire squad is present
- ▣ -15 For any squad member that quits.

Team Building is Fun. The Kids want to Come.

Viking Special Forces

- ▣ Training –Very Seldom Do We have an athlete AWOL
- ▣ 2 points daily for every athlete on the team present for weightlifting, workouts, and camp.
- ▣ -1 for being late
- ▣ 5 Bonus Points every time your whole squad is present.
- ▣ -5 anytime 2 or more squad members are missing
- ▣ Squads will not receive minus points for excused absences but also will not be eligible for bonus

SCORING AND INCENTIVES

- Scoring- Is recorded on a google Spreadsheet that updates automatically when scores are entered.
 - Scoring is broke into 4 intervals called Checkpoints.
 - Winning Team at the end of a checkpoint receives a prize. Breakfast during a workout, Pizza at Lunch, T-shirts, I-tunes gift Cards, BWW Gift Cards.
- Scoring Starts over at end of Checkpoint for prizes except for totaling overall Score to win Grand prize.
- Grand Prize- Steak Dinner at end of Doubles on Saturday Night Served by losing Captains.

Viking Special Forces

- ▣ Areas that we have seen improvement due to Program:
 - ▣ 1. Player Accountability
 - ▣ 2. Leadership Development
 - ▣ 3. Administrative Support
 - ▣ 4. Parent Support
 - ▣ 5. Community Support

2nd Captains Meeting

Strengths and Weaknesses Exercise

Develop Captainship Mission Statement

Define Their Role as a Captains

- Be selfless-Team first
 - Create a safe environment for all players
 - Do not tolerate hazing or bullying!
 - Make all players feel welcome not just your immediate group.
 - Create an all for one environment
 - Include the team in extra activities

2nd Captains Meeting

- Hold team accountable
 - Might need to meet with a player with an issue.
 - Might need to have a team meeting without coaches to clear air.
- Hold each other accountable
- Make sure team understands vision (goals)
- Keep team focused
 - school
 - outside of school and practice
 - practice
 - games

2nd Captains Meeting

Duties of Captain(Servant hood)

- Daily water-Captains must fill water before practice.
- Field Breakdown after Practice
- Equipment to bus on game night
- Equipment put away after games
- Bus cleaned out after away games
- Any extra activities or tasks that might come up

"Whoever wants to be first must be last of all and servant of all."

Mark 9:33-35

SUMMER TEAM BUILDING

- Paintball Outing
- Team Campout
- Team Golf Outing
- Team Bowling Tournament
- Strong Man Competition
- 3 on 3 Tourney
- Flag Football
- Floor Hockey Tourney

IN SEASON LEADERSHIP DEVELOPMENT

Everything Taught from Viking Code and Creed

- ▣ Daily Lesson Plans during doubles
 - ▣ Video Clip
 - ▣ Quote of the Day
 - ▣ Discussion
 - ▣ Questions for reflection

(Everything kept in player notebook)

Thursday Team Chapels

CLOSING

QUESTIONS???

Contact Info

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