

# Targeting the Shotgun Offense

## **Utilizing the 3-3/3-4 Defense**

### I. **Introduction-**

Staunton Bulldogs 2013 Class 2A State Runner-Up Record 9-5

Head Coach- Mike Parmentier

### II. **Background-**

Staunton High School

Enrollment- 412

Conference- South Central

Coaches- Bill Parmentier, Troy Redfern, BJ Ogata, Bob Semanik,

Richard Howard, Ed Hirschl, John Bryan, Christian Semanik

and Tim Newton

### III. **My Background-**

Bethalto Civic Memorial- Rick Reinhart 3 years

Edwardsville- Tim Dougherty 1 year

Blackburn College Don Flowers 1 year

Other Resources- John Rice H.C. Rialto High School California

Mike Van Diest H.C. Carroll College Montana (NAIA)

IV. **2013 Season-**

Graduated 32 seniors from 2012 season

2 Starters back on offense/defense

Struggled vs. Shotgun Teams (Greenville, Gillespie, and Litchfield)

Allowed 129 points vs. those 3 teams- regular season

Playoffs vs. Auburn, Carlyle, Gillespie, and Fairfield

Allowed only 56 points vs. those 4 teams

Successful playoff run- 3-3/3-4 defenses

We were able to:

- 1) Pressure the passer
- 2) Disrupt timing with QB/RECEIVERS
- 3) Determine QB as runner or thrower?
- 4) Blitzes with cover 0/1/2/3/4
- 5) OLB/Secondary- Communication/Match-Ups/Subs
- 6) Simplified for players- 3 best run plays/pass plays

v. **33 Stack-**

4 man, 5 man, 6 man pressures

VS 2x2

VS 3x1

VS 3x2

vi. **3-4 Defense-**

VS 2x2

VS 3x1

VS 3x2

vii. **Video/Questions-**

Thanks to IHSFCA