

Auburn Trojan

4-4 Defense

Defensive Coordinator: Bill
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Questions? Email:

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Auburn High School= Enrollment

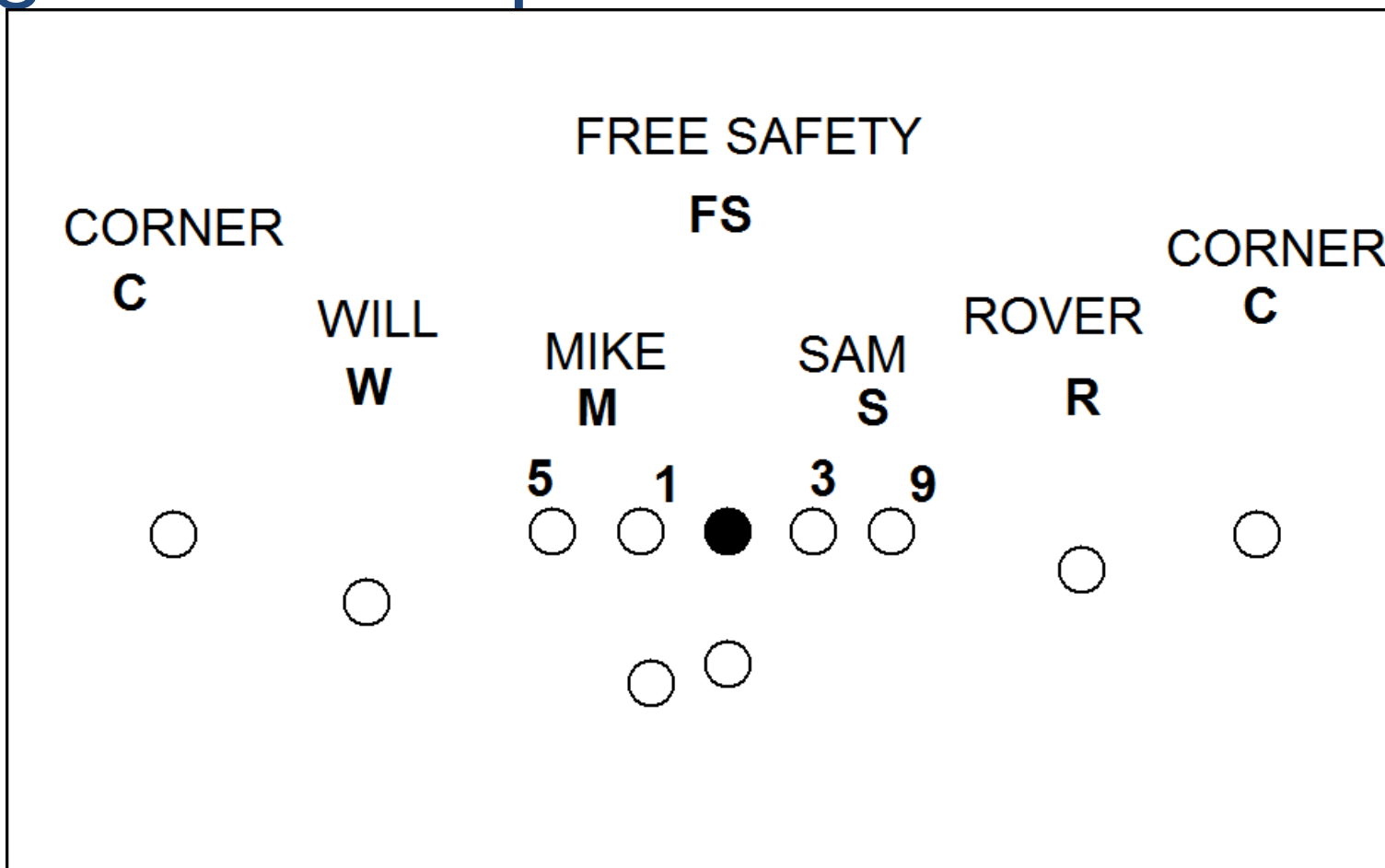
400

- Sangamo Conference 2A-3A class
 - Athens (co-op)
 - Auburn
 - New Berlin (co-op)
 - Petersburg Porta (co-op)
 - Pittsfield (co-op)
 - Pleasant Plains
 - Riverton
 - Virden-North Mac
 - Williamsville

Defensive Philosophy

1. Kiss system
2. Discipline
3. Technique
4. Gap control
5. Rally to the football

Auburn's 4-4 (Stack Defense) Against the Spread



Alignments/Techniques

- 1 and 3 Techs 1=Bigger (not as mobile) 3= (more athletic)
- 1- A Gap (weak) 1 yard deep (Heels)
- 3- B Gap (strong) 1 yard deep (Heels)

- 1= Attack inside shoulder of guard

Rip/Swim

Keep inside arm free

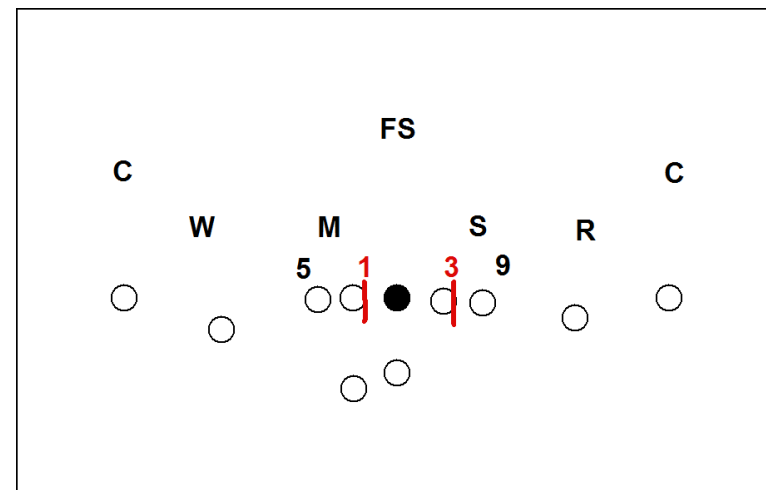
Control weak A

- 3= Attack outside shoulder of guard

Rip/Swim

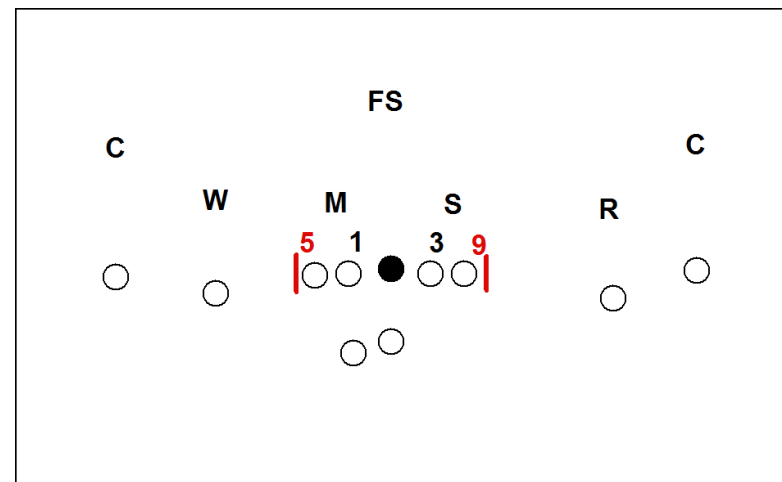
Keep outside arm free

Control strong B



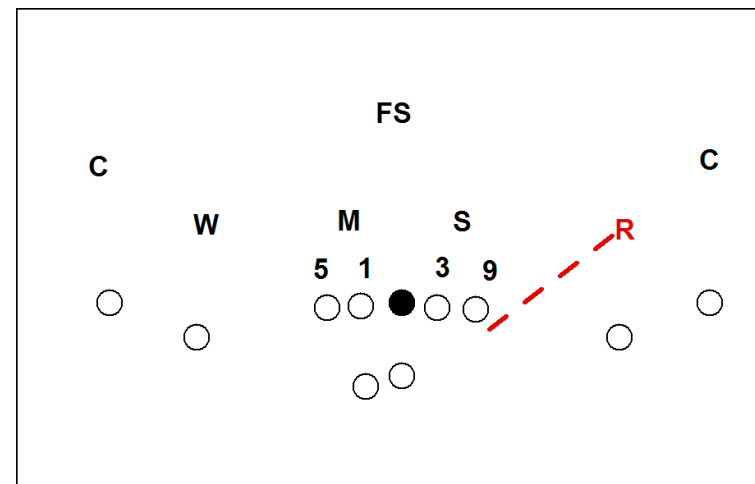
Alignments/Techniques

- 5 Techs weak side 9 Techs strong side
- 5- C gap 9- C gap
 - A. Attack outside shoulder of Tackle
 - B. Keep outside arm free
 - C. Control C-gap
 - D. Help from Rover/Will
 - E. If T.E. = Inside eye of T.E.
Keep inside arm free



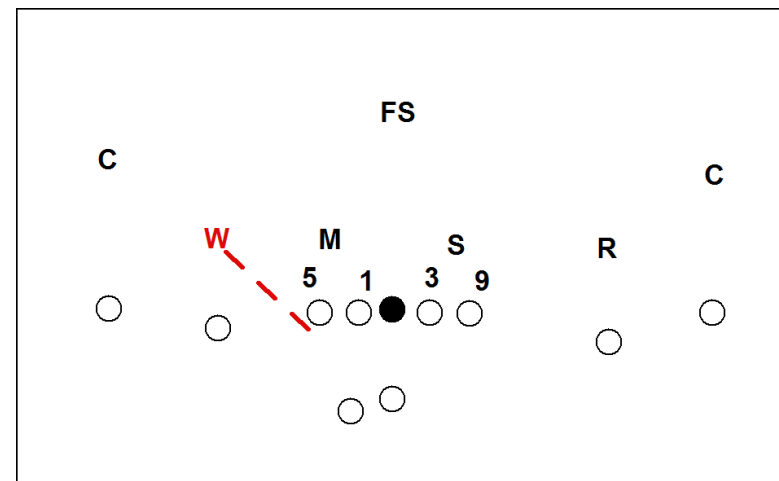
Alignment/Techniques

- Rover Backer = Strong Side
 - A. Contain
 - B. Read Last Man (Lineman, T.E. or Wing)
 - C. Pass Coverage= Flat and Curl
 - D. Hybrid Backer = Strong Safety



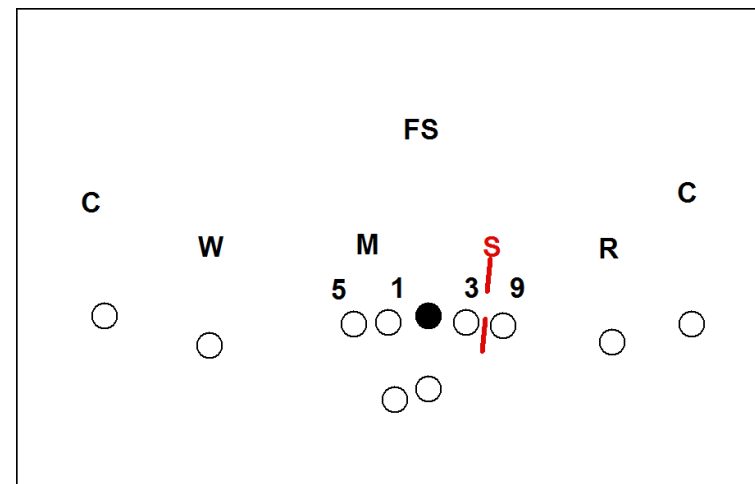
Alignment/ Techniques

- Will Backer = Weak Side
 - A. Contain
 - B. Read last man (Lineman, T.E. or Wing)
 - C. Pass Coverage = Flat to Hook



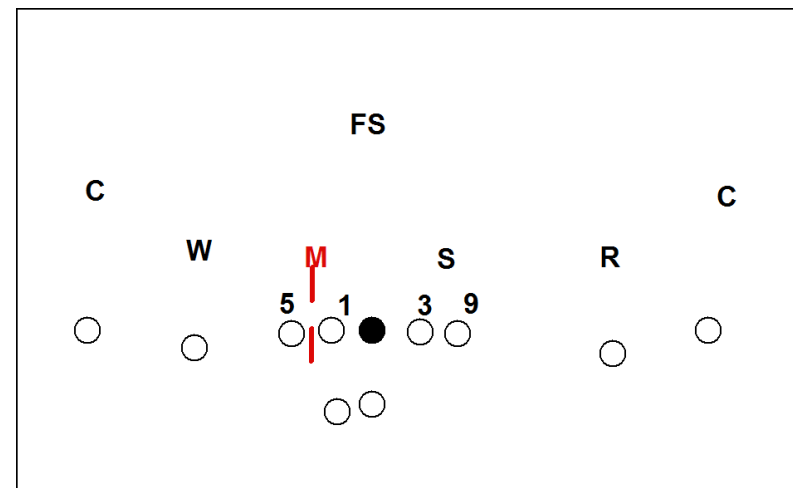
Alignment/Techniques

- Sam Backer- Mobile = Wide side of Field
 - A. Read Guards (Might cross read)
 - B. Strong A Gap
 - C. Scrape away to Weak B
 - D. Attack under control (Angles)
 - E. Pass Coverage = Hook to Curl



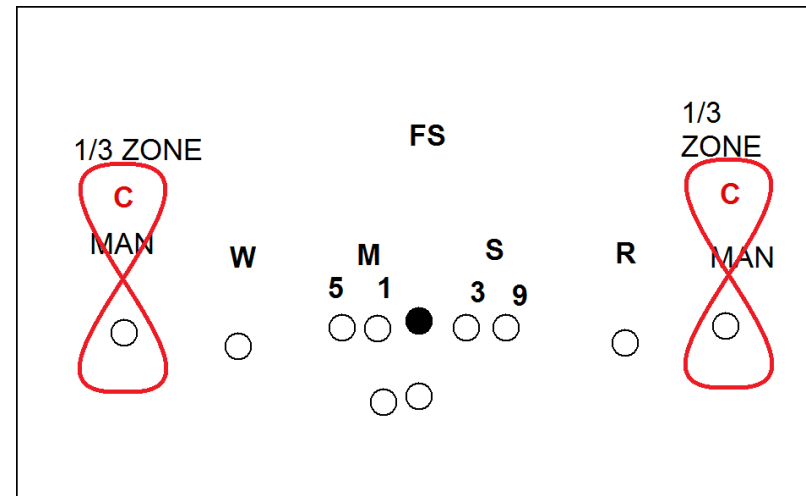
Alignment / Techniques

- Mike Backer = Bigger (Run Stopper)
 - A. Read Guards (Might cross read)
 - B. Weak B
 - C. Scrape away to A
 - D. Attack under control (Angles)
 - E. Pass coverage = Hook to Curl



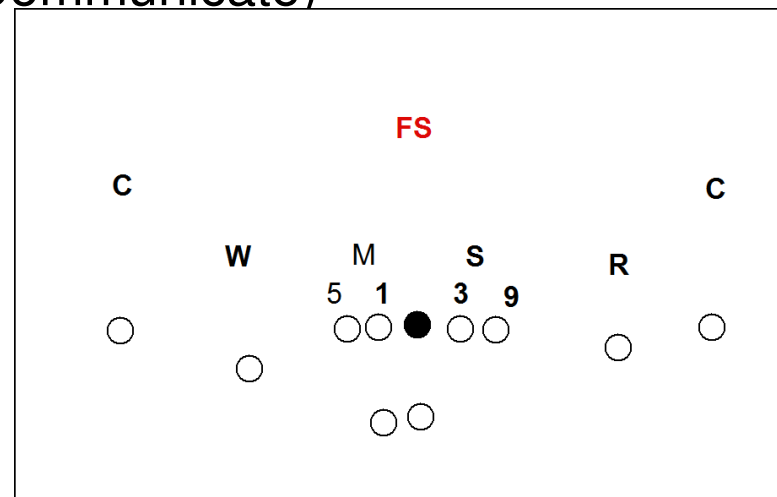
Alignment/ Techniques

- Corners= Basketball Players
 - A. Pass coverage first (Man or Zone)
 - B. Secondary run contain



Alignment/ Techniques

- Free Safety= Basketball Player
 - A. Pass Coverage First
 - B. Attack Run Second (Read Center through to QB)
 - C. Relay Coverage From Sideline (Communicate)



Adjustments to Formation

- A. Trips
- B. No Back
- C. T.E. /2 T.E.s

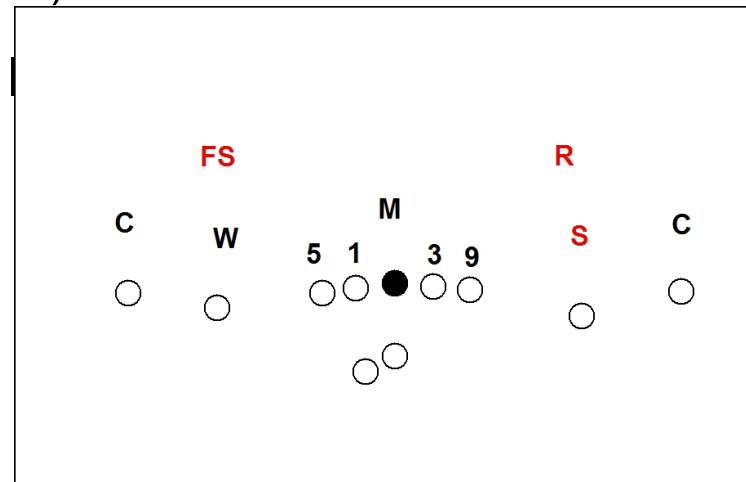
Stunts/Blitzes

- A. Pinch/Divide
- B. IN (Indiana)
- C. Blast/Attack
- D. Flame M/S
- E. M/S X
- F. Havoc (T & E Loop)

Changing Looks

A. Base = 4-3

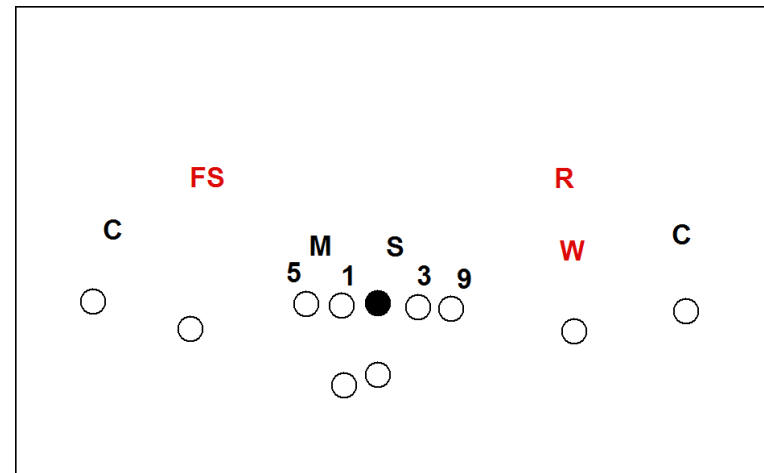
1. Cover II
2. Man Under II Deep
3. Pattern Read = With Help Under (Sam and Will)
4. Roll to Cover III (Into a 4-4 Defense)
5. Man Outside II Deep/ Man Inside I



Changing Looks

B. Florida 4-2-5

1. Cover II
2. Roll to Cover III
3. Pattern Read



Pass Coverages

- A. Cover III
- B. Cover II
- C. Man
- D. Man Under II Deep
- E. Man = 1 Deep
- F. Buckeye 3 Deep (Key Receiver Man)
- G. Man on Outside Zone Under 1 Deep
- H. Cover IV 1/4s
- I. Pattern Read