

# Chester Jet Sweep

Making Chicken Salad



# Chester High School

- 51-20 In 7 years .718 winning percentage
- 2,500 Yards Rushing 2013
- 2,500 yards Rushing 2012
- Averaged 37 Points a game 2014
- Averaged 39.1 Points a game 2013
- Averaged 40 Points a game in 2012
- Quarter-Finalists 2014
- Conference Champion 2012

# Everyone Can Run It

- Small investment of time that can pay off big and give you a low-cost wrinkle
- Can run from virtually ANY formation
- 3-4 Backs always involved
- This set is not dependent on any particular type of athlete or linemen



# Why We Run the Jet Sweep

- We do not have an abundance of athletes
- Scatbacks we have, feature backs we don't
- We do not regularly have dominant linemen
- Jet motion adds as much as .2 to the running backs 40 time
- Jet motion can tip the us off to defensive coverages and create mismatches

# Why We Run the Jet Sweep

1. You only have to block the defenders outside the "B" gap.
2. If the defense puts four people outside the "B" gap, it would weaken them to the inside.
3. It allows us to get to

# *Why We Run the Jet Sweep*

6. It also allows us to run plays that look similar. This causes confusion in the defense causing them to second guess their keys, leaving them flat footed and giving the offense the advantage. We can hit anywhere during any play with the constant threat of the outside run.

7. Can use smaller 'scat backs' without them taking a lot of physical abuse.

8. Allows you a multiple attack with excellent misdirection opportunities.

9. Don't need massive offensive lineman to be successful

# Series Football

The entire series begins with the Jet Sweep.  
Each and every play in the series must look like  
the Jet Sweep every time.

**Every series must have:**

(Example 90 Series)

1. Perimeter Play -----> Jet  
Sweep



# Nuts And Bolts

1. The Jet Series motion starts on the R in 'red'
2. The QB must get the ball snapped when the Jet back reaches the outside leg of the OG.\*
3. The QB footwork involves a 180 degree pivot
4. The ball is handed to the RB in the backside A gap. With an 'ice cream cone' handoff, RB should look at hand off even if they are not getting the ball.
5. Upon receiving the ball, the RB takes a small bucket step to give some ground and then will



# The Blocking Scheme

- SIMPLE Rules

1. Fire step/stay low/quick feet
2. Hands to shoulder pads
3. Turn the steering wheel
4. Work hips
5. Camera in your ass taking pictures



# Blocking Cont.

- Backside Fire/On/Backer
- 'G' Call will pull PSG to block force and means the SE will crack on first inside off the LOS
- Can make a "smoke" call between PST and TB/WB if DE is playing loose
- PST/TE are trained to turn and 'push the car out of the mud' if flank defender slants to or beats them to the outside

## 3 Drills:

- Handoff Timing Drill: Four cones and two footballs
- Read The Numbers Drill: Two cones, blocking shield and a football
- Hungry Hippo: Three cones and football

