

# 44 Attack Defense “The Apache”



# I. Thanks

- I. State Football Coaches Assoc.
- II. Great Coaching Staff
- III. Great School and Football Community

## II. Defensive Philosophy

- Aggressive Penetrating Front, Force mistakes in blocking schemes and ball handling.
- Intense must love “making the big play”.
- Big motors, 100% effort or “Barber says”.
- Stress Pursuit – Run to the ball, if you are passive and want to watch, come stand by me “best seat in the house”.
- Possess football knowledge, Identify keys given by the offensive team...Examples; weight

# III. Why the “Apache”

1. Easy to adjust to any offensive sets
2. Strong blitz package
3. Easy to learn terminology
4. Sound vs. Run, Pass, Option

# IV. Muddle and Strength Calls

1. Muddle – Everyone face sideline for the call.  
Also, easier if you have to flop strength players.

2. Call strength to;

- A. TE side
- B. 2 Receiver side
- C. Wide side
- D. Opponent side line

# V. Objectives of the Defense

1. Score 1 of 5 ways
2. Intercept at least one pass/10% passes thrown
3. Cause 3 fumbles or recover 2
4. Prevent long run 15TD/25 field
5. Prevent long pass 15 TD/15 field
6. Give offense good field position
7. 7 or more tackles for loss

# VI. Character of the Defense

P. – Pride in team, school, parents, coaches

R. – Reckless abandon – know and go 100mph

I. – Intelligence – understand basic concepts

D. – Drive – care about we more than me

E. – Excitement – make playing the game fun,  
don't be afraid to show emotions, celebrate  
your accomplishments

# VII. Rules of the Defense

1. Know assignments

2. Pursue the ball

3. Tackle

- Front 4:

1. Attack your responsibility

2. Stem to the play called in the middle

- ILB's:

1. Communicate: Down and Distance, as well as possible plays

2. Attack: Be aggressive,



# VIII. Number System

0 0 X 0 0 0

6 5 4 4i 3 2 2i 1 0 1 2i 2 3 4i 4 5 7 8 9

“6” No TE to your side.

# IX. Base Apache

DT – 2 tech

DE – 7/6

ILB – 20

Apache – 4x4 of End of LOS

\*Never outflanked by 2

C – 1x7

S – 1x7

# IX. Base Apache

- Tackles:

1. Head up guard (2 Technique)
2. 60% A Gap – 40% B Gap
3. Step with inside foot – inside hand down, inside foot back
4. Dive on option

# Base Apache Cont.

- Defensive Ends:

- A. Tight End Side

1. Inside  $\frac{1}{2}$  of TE (7 Technique)
2. Push down – inside out play
3. Attack TE

# Base Apache Cont.

- Inside Linebackers:

1. B gap play 4 yards deep
2. Adjust to backfield
3. Power Step
4. QB on option on D scrape
5. Read for ILB

A. Direct Flow – if your gap opens fill it

1. Reads are dive & iso

B. Slow Flow – slide, stay home

# Base Apache Cont.

- Apaches

1. 4 yards depth – adjust to formation at LB Depth
2. D gap: force outside in – Rip under crack blocks and kick-outs
3. Flow to the football = **MUST GET TO THE BALL!**
4. Pitch on option

# Base Apache Cont.

## Secondary

- Corners:

1. 9 yards deep
2. Inside shoulder of #1 WR – can adjust to field
3. Play coverage, must force outside in vs run

- Free Safety:

1. TE or Strong Side

# X. Base Alignment vs Top 8 Formations





# XI. Base Apache Stunts

DT: Pinch, Out, Slant, Twist, TEX, JAM, MIX

DE: Smack, CAT, Twist, TEX, MIX, JAM, Drop

ILB: A, B – Married Stunts

Apache: Kill, Blaze, Fire, Thunder, Storm, Close

# XII. Eagle Package

## Call Side

- DE and DT: 5/Tilted 1
- ILB:  $\frac{3}{4}$
- Apache: same as base

## Away from call

- DT and DE: 3 & 6/7
- ILB: 20
- Apache: same as base

## Calls

Split

\*LB – Independent

# XII. Eagle Package

- The Eagle Package consist of the front four defensive players being in a 5 technique, a tilted 1 technique on the call side and a 3 technique and a 6 or 7 technique on the off

This package can be called six different ways:

1. Spillover – 5&1 techniques are set to the SE side.
2. Tight – 5&1 techniques are set to the TE side.
3. Field – 5&1 techniques are set to the wide side of the field.
4. Boundary – 5&1 techniques are set to the sideline.
5. Strong – 5&1 techniques are set to the strong side of the formation.
6. Weak – 5&1 techniques are set to the weak side of the formation.

\*The ILB to the call side lines up in either a 3 or a 4 technique, the off ILB lines up in a 2 technique.

\*\*ILB – Independent Stunts

# XIII. G Package

- The G Package consist of the front four players to be in a 2i and 5 techniques on the call side. On the off side a 3 and either a 6 or 7 technique.

This package can be called 6 ways:

1. Slide – 5& 2i to the SE side.
2. Tuff – 5&2i to the TE side.
3. Long – 5&2i to the wide side.
4. Bench – 5&2i to the short side.

# XIV. Pass Defense

## Philosophy

1. Backfield men take position every time.  
Know the defensive signals.
2. Diagnose the play ASAP (Run/Pass).
3. When the ball is thrown, Converge on it!  
Don't sit and watch.
4. Always play to intercept the ball. Just knocking it down is not good enough. You can be rough as long as you go for the ball

# Pass Defense Cont.

## Tips

1. IF in doubt play pass
  2. NEVER get beat deep
  3. Always go for the INT
  4. NEVER go for inside fake
  5. Defense is make to play on your feet, stay of your feet
  6. The longer the passer holds the ball, the deeper you get
  7. Be under control 3-4 yards from ball carrier – NO MISSES
  8. We must stop third down plays
  9. When the ball is intercepted everyone blocks
  10. React as soon as the ball is thrown – No Extra Steps
  11. Think interception
- Have confidence and be relaxed

# XV. 45 Adjustment

