

Keep Your Running Lanes Open  
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- I. Divide Their Forces
  - A. Add Footballs to the Playbook
    - i. Bucksweep/Trap/Boot
    - ii. Slam/Slam Sweep
  - B. Carry Out Your Fakes
    - i. Attack the LOS
    - ii. Use your eyes
    - iii. Make a move
    - iv. Run away from the play

(Frames Footage)

- II. Slow Them Down -- (Perception Reaction Time)
  - A. Slow down their perception time
    - i. Surprise Them - (Unexpected)
      - a. Use of Motion
      - b. Counters
    - ii. Lie to Them (Lose the advantage of Expecting)
      - a. Find out who they are keying
      - b. Lie with your X and Y
      - c. Lie with your backs
      - d. Lie with your guards
  - B. Slow down their movement time
    - i. Cut
    - ii. Crack

(Frames Footage w/ Line)

- III. Identify Penetrators vs. Readers
  - A. Beating Penetrators
    - i. Tighter Splits
    - ii. Aim under the man not to the man
    - iii. Outnumber
  - B. Beating Readers
    - i. Wide Splits
    - ii. Influence Blocks
    - iii. Aim for the man