

# Auburn High School

5110 Auburn St., Rockford, IL 61101



## 2015 Staff

Varsity Head Coach – Dan Appino

Assistants- Josh Fagan, Matt Renfro , John Toldo, Jerry Lowe

Sophomore- Kevin Anderson (HC), Patrick Appino, Tyler Fagan

Frosh- Chris Hawkins(HC), Charles Kerr, Dan Brown, Hosea Harris

IHSA Playoffs – 2012/6A, 2014/7A, 2015/7A

# Why power

- Enable offensive gap control in short yardage, goal line situations
- Take away decision making from QB/RB- simplify in key situations
- Traditional power requires TE down block, a trapper, and a puller
- Needs to be able to be run out of shotgun or direct snap

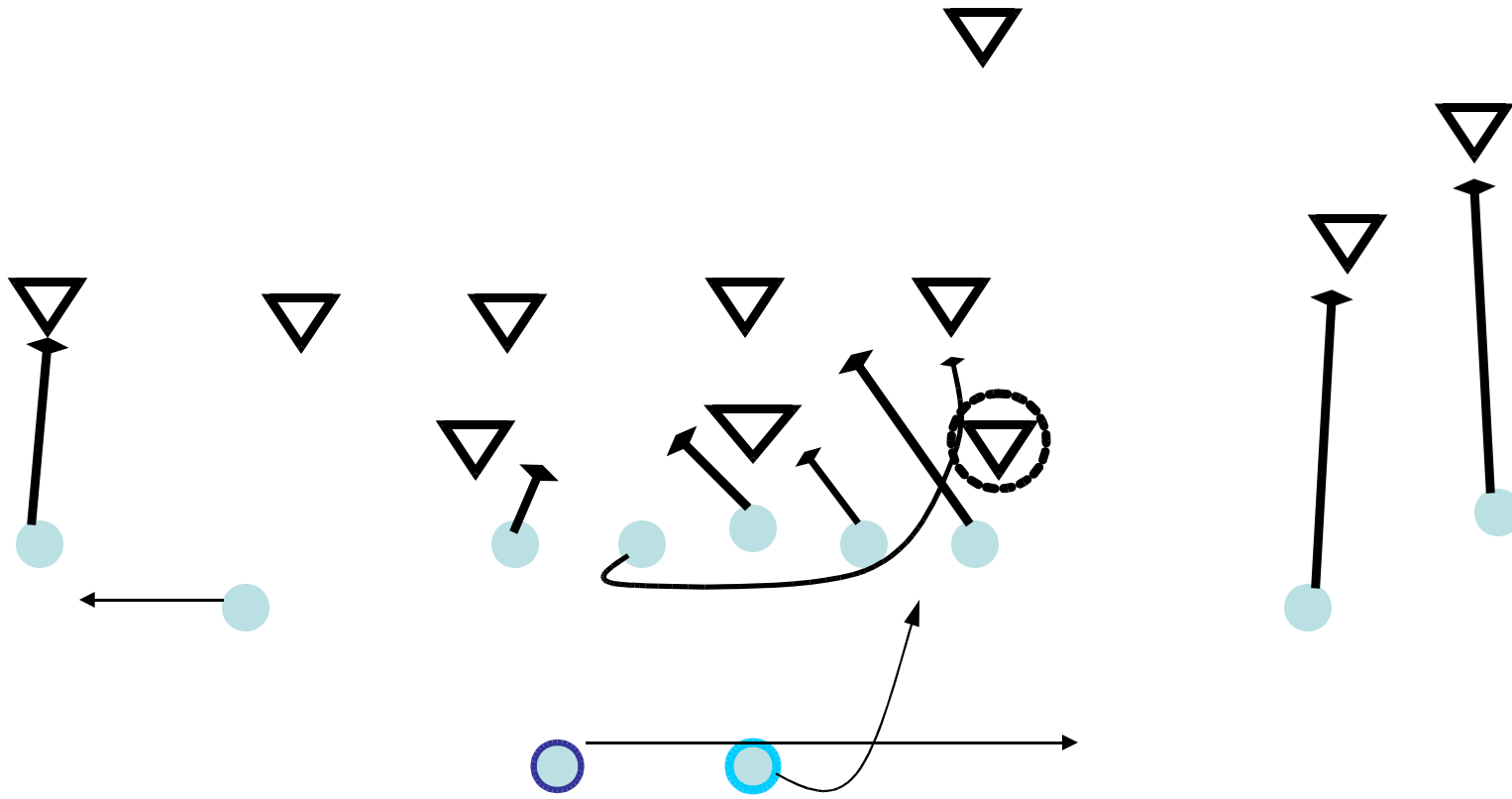


# Issues

- Very few TE “bodies” in our program...we tend to have very big OL types and small, quick rbs
- Few fbs with capacity to trap the edge
- Because of quick QBs/RBs we decided to read the edge
- Can run this scheme with not only fb but slots and wrs as well

# 2 x 2-“power read”

Fb sweep , power right, qb read 5T



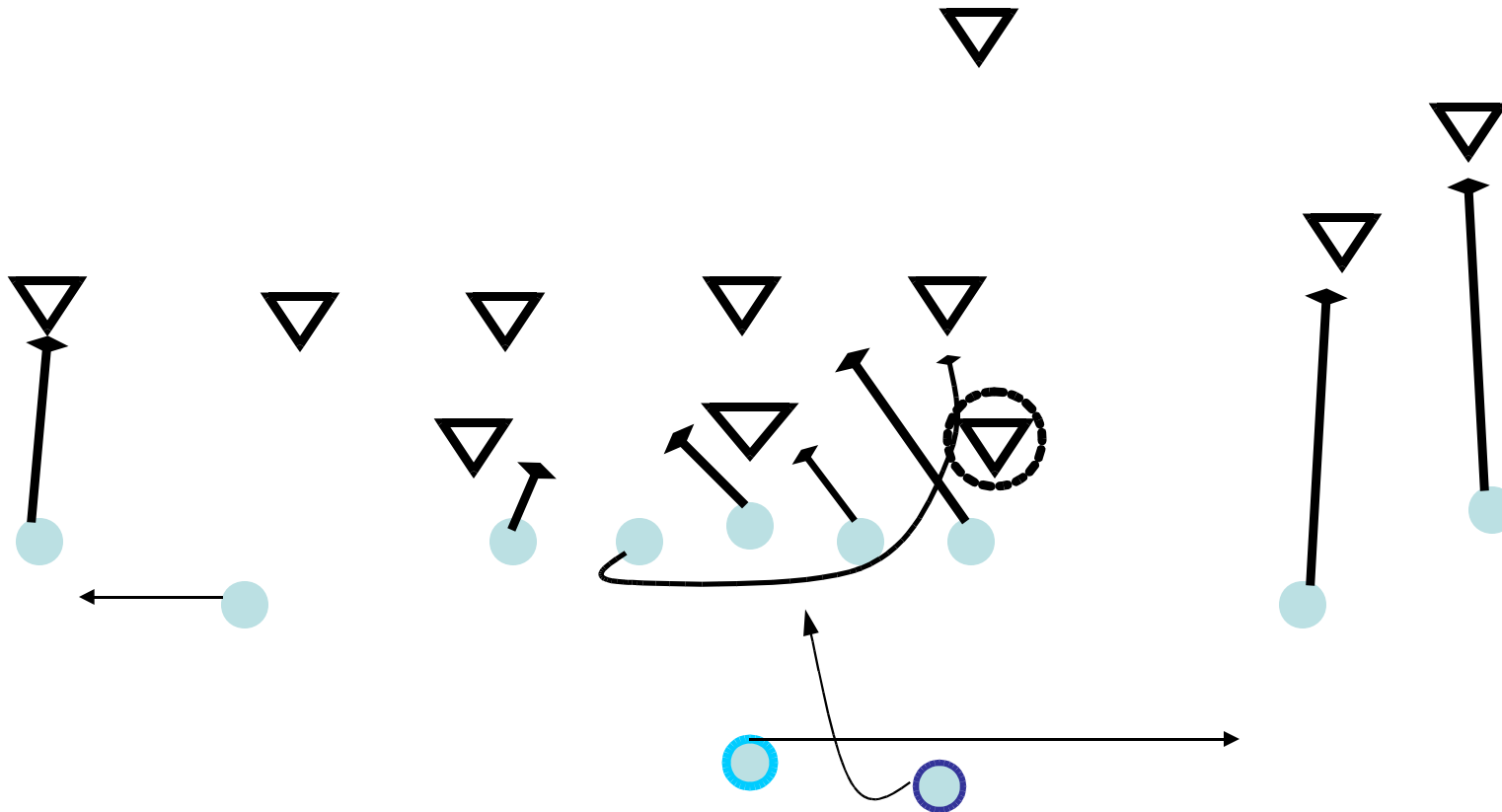
FB mo/soft squeeze, OL gap down, BSG pull block PSLB

# Switch roles

- Two years ago we had a much smaller Qb, 5'9, 130lbs, who was the conference sprint champion.
- Decided we wanted to reduce the hits he received by running inside.
- Switch role of QB and FB so that smaller kid could achieve the edge.
- Takes a lot of reps insuring mesh fits and proper speed.

# 2 x 2-“power read invert”

Fb dive , power right, qb read 5T



FB mo/soft squeeze, OL gap down, BSG pull block PSLB

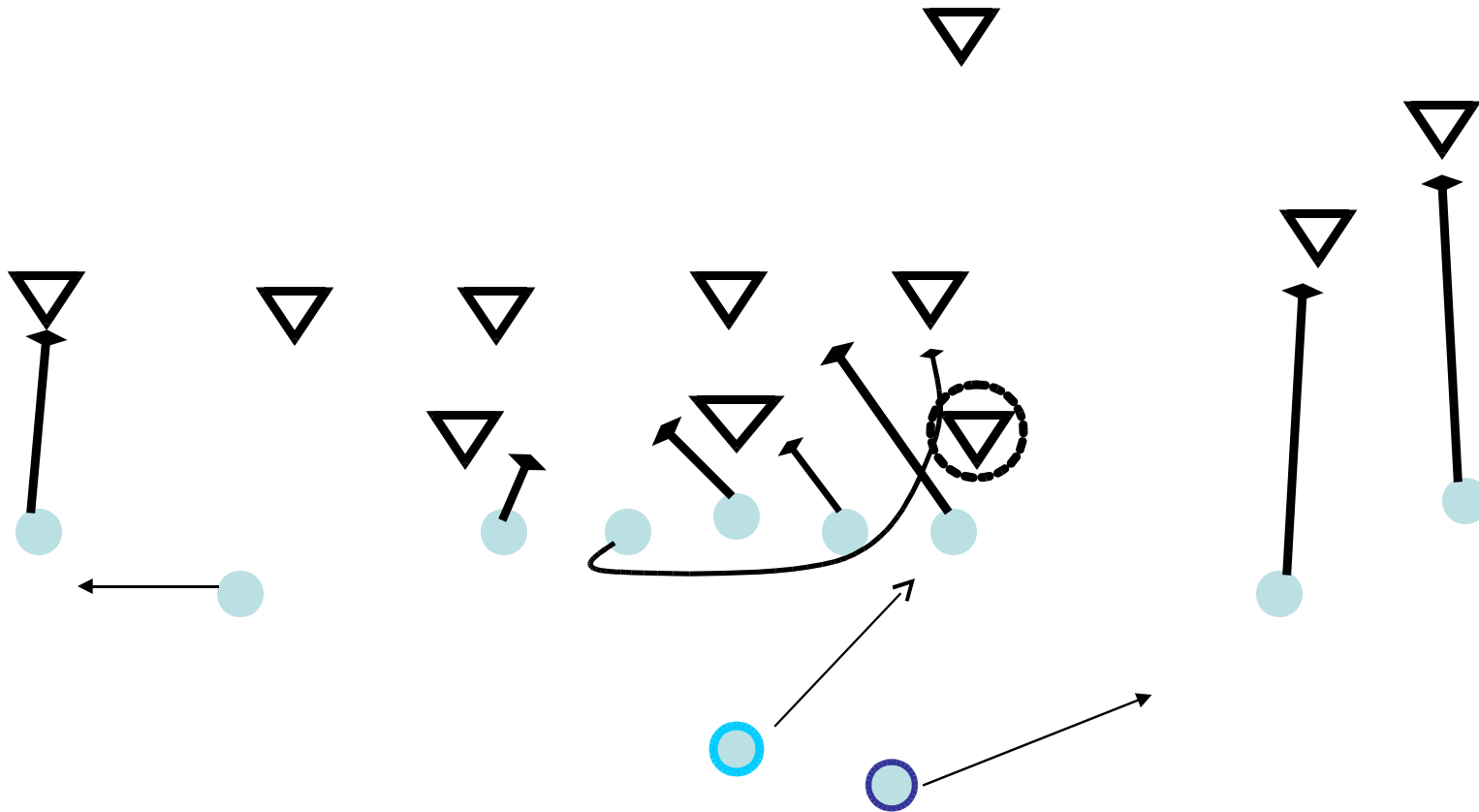
# Vs Blitz

- As teams began to blitz inside to disrupt mesh we added speed option.
- By utilizing power read scheme it kept blocking simple for guys up front.
- Relies on capacity of perimeter players to effectively stalk/crack.



# 2 x 2- speed rt

Speed option, power right, qb read 5T



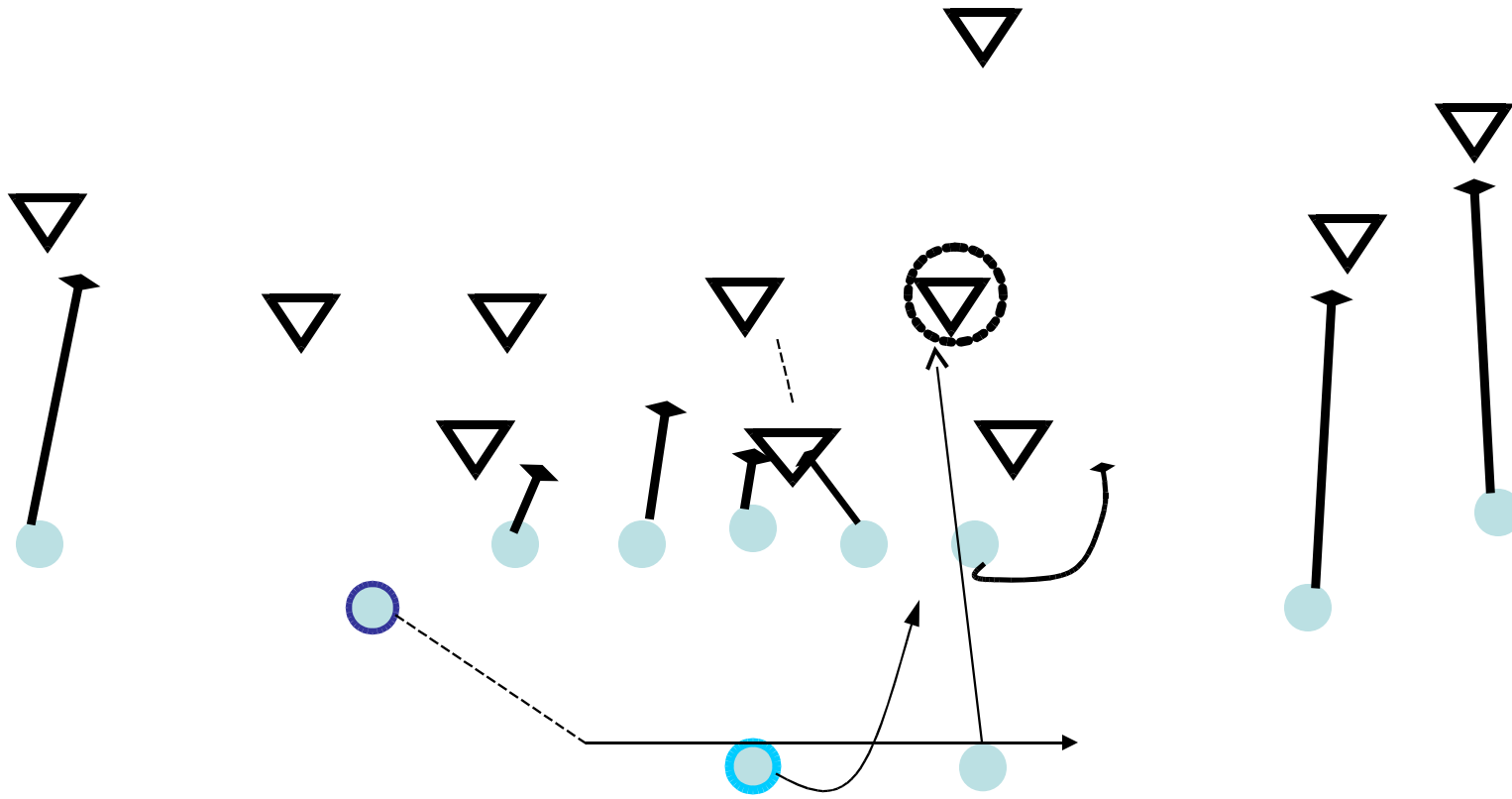
QB attack 5T outside #, OL gap down, BSG pull block PSLB

# False reads

- Several teams began using false keys to “option” the QB
- 5T comes way up the field like he is taking the edge and then squats for inside player.
- Added a reach OT (typically our best OL) and QB shifts read to playside LB. Also decided not use a puller and replaced him with FB or H back.

# 2 x 2-“reach read”

H sweep , iso reach, qb read ps lb



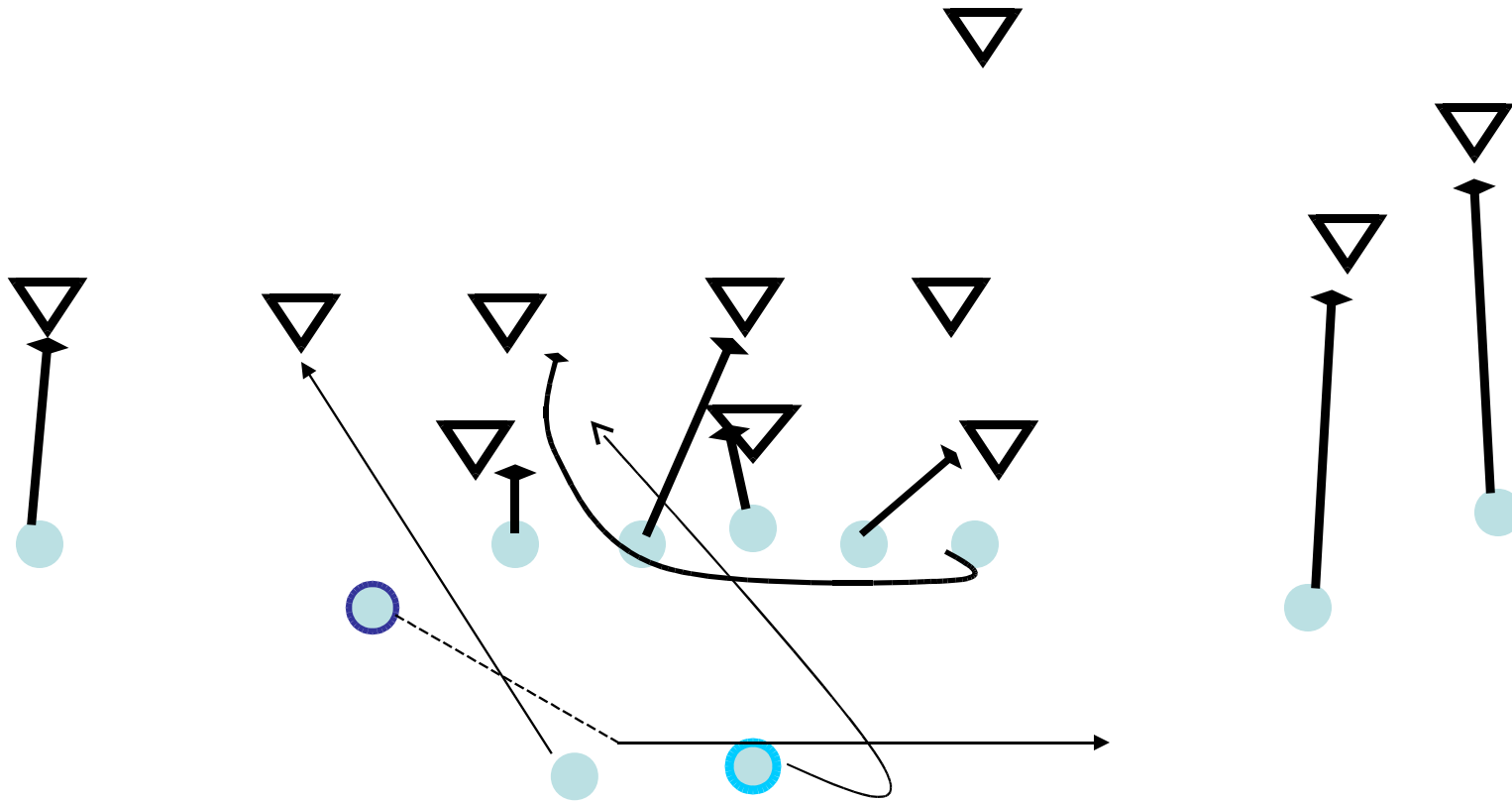
FB mo/soft squeeze, OL gap down, BSG pull block PSLB

# Counter to read

- As teams began to roll secondary to motion or fire both the playside LB and force we decided to develop a counter...”look”.
- Utilized our favorite blocking scheme (OT Wrap) to simplify OL rules and run what we know best.
- FB’s job is to block near force player.
- QB can choose to give on motion or pull and get under puller

# 2 x 2-“power read look”

motion, wrap left, qb ride and drive back under puller



FB mo/soft squeeze, OL gap down, BSG pull block PSLB

# Taking downfield shots

- As teams began to crowd the box we developed a play action to shoot for home-runs.
- QB shuffles to fake read then drops a step and reads FS
- If FS rolls down to motion throw backside post. If FS stays deep in the middle of the field throw vert on the hash. If two high FS then look for dig.



# Contact

Dan Appino- Counselor/HFC  
Auburn HS  
5110 Auburn Street  
Rockford, IL 61101  
(815) 966-3300 ext. 10592

[Dan.appino@rps205.com](mailto:Dan.appino@rps205.com)  
Cell (815) 494-3382

DC/Strength Trainer Josh Fagan  
[Josh.fagan@rps205.com](mailto:Josh.fagan@rps205.com)