



Tri-Valley Football 2015

Pressuring the Spread Offense

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Presenter: Ron Bass- DC

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Credit:

People I have stole from and need
give credit to

- TVHS Coaching Staff
 - Josh Roop
 - Tanner Springer
 - Cody Wickenhauser
 - Craig Bartels
 - Eric Fisher
 - Wes Gaddis
- Bloomington High School- Rigo Schmelzer
- Augustana College
- Football-Defense.com

Defensive Philosophy- KILL/KISS

1. Assignment/Alignment

2. Communicate-
Effectively =

TAKEAWAYS

3. Pursue- Intelligently
and Relentlessly

4. Tackle- Technically
sound and under control

5. Bring the NASTY!!!



Defensive Philosophy

Pressure, Pressure, Pressure

- Force the offense and QB to have to make quick decisions
- Use a variety of fronts to confuse O-Line
- Fronts will change based off of offensive formation.
- Force Offense to be predictable
- When in Nickel, pressure is still sent but from different locations

Disclaimers

- Need speed across defense
- May have to be creative with sub packages
- Need a physical D-Line
- DE's must be able to contain
- Secondary must be able to play man and not give up inside leverage
 - Safeties are key- must support run and play man

Using the "46" to Pressure the Spread

Strengths

- Creates 1 on 1 match ups on the LOS
- Keeps LB's free to flow to the ball/assignment
- Allows for wide range of line stunts and blitzes
- Can play against any offensive formation



Using the "46" to Pressure the Spread

Weakness

- Susceptible to an accurate passing game
- Cannot give up slants/posts/drag in secondary
- DE's cannot lose contain

Using Grizzly Front to pressure the spread

Strengths

- Allows for bringing more defenders than can be blocked in a 10, 20 or 30 personal zone read scheme.
- Confuses O-Line in pass protection schemes
- Allows for a mismatch with a Back on a D-Line man in pass protection schemes
- Pressures QB in passing game
- Can run partner line stunts

Using Grizzly Front to pressure the spread

Weakness

- Potential for a big play for offense if a running lane is created.
- DE's must contain on rollouts and boots
- DB's must keep inside leverage and may not be able to play press coverage

Using Nickel Flex to pressure the spread

Strengths

- Allows for deceptive pressure (can bring 4, 5 or 6 and the offense will not know where they are coming from)
- Can play man or zone behind the front
- Flex player makes it difficult for O-Line to follow blocking rules

Using Nickel Flex to pressure the spread

Weakness

- Can be susceptible to screens and draws when bringing pressure
- Must be able to reduce to a 40 or 50 front if a team lines up in a power formation (i.e. Pro, DBL TE, etc)

Using the Bear, Grizzly and Flex Nickel Together

- Try to force the offense to adjust to what front you feel is your strength
- Bear front can be used against any formation and is what we felt was our best defense for our personal.
- Grizzly used in 10, 20 and 30 personal
- Flex Nickel can be used against any formation
- Adjust the fronts based off of the offensive formation